



CITY COUNCIL MEMBER APPOINTMENT APPLICATION

Original Applications must be received by the City Clerk
By NOON Thursday, January 3, 2019 OR Postmarked by December 31, 2018
Applications received after this time will not be accepted or considered

100 Civic Center Plaza Lompoc, CA 93436 – Ph: (805) 875-8241

INSTRUCTIONS: Please type or print in ink this application in full. For more complete information or assistance, please contact the City Clerk's Department. All applicants must be residents and registered voters within the City of Lompoc. Appointed applicants must file a Statement of Economic Interest Form pursuant to Fair Political Practices regulations.

NAME: Keller Sasha Macias Last First Middle	ARE YOU 18 YEARS OF AGE OR OLDER? Yes___ No___
ADDRESS: [Redacted] Lompoc 93436 Number Street City Zip	ARE YOU REGISTERED TO VOTE? Yes___ No___ If no, Explain _____ (optional).
TELEPHONE: Hm (805) [Redacted] Wk () _____ E-MAIL ADDRESS: [Redacted] _____	Are you related to any City Employee or City Official? (See Attachment A for definition of relative), If yes, please explain and list the department in which they are employed: NO _____ City of Lompoc employees are not eligible for appointment.

CURRENT OCCUPATION AND EMPLOYER: Director of Nursing at the Comprehensive Care Center

EDUCATION (Highest Grade Completed): Masters of Science in Nursing

LICENSES OR SPECIAL CERTIFICATES HELD: Registered Nurse

APPLICANT QUESTIONS: The following questions must be answered for consideration of appointment. For each question please limit answers to no more than the attached lined pages.

1. What will you bring to the dais that you feel is currently missing?
2. Are there any conflicts of interest that the public should be made aware of at this time?
3. What is your experience working with, or for, a government body (explain how it works differently than a business or non-profit.)?
4. Explain in detail your experience in analyzing a budget. (size, frequency, your role, etc).

ADDITIONAL INFORMATION: Explain the reason(s) you desire to be appointed. Describe your relevant education, experience, training, volunteer activities, community organization membership, or personal interests that you think are relevant to this position. Resume/Bio may be attached. Please limit answers to no more than the attached lined page.

I declare under penalty of perjury that all statements in this application and attachment, if any, are true and complete to the best of my knowledge and belief.

Signature of Applicant [Signature]

Dated 01/03/2019

FOR USE BY CITY CLERK'S DEPARTMENT:

Application Received by: [Signature]

(Date Stamp)
RECEIVED
CITY OF LOMPOC
CITY CLERK'S OFFICE

Applicant Question No. 1 - What will you bring to the dais that you feel is currently missing?

As a life-long resident of the city of Lompoc, aside from time away serving in the United States Army, I have been fortunate to have built many personal and professional relationships with many residents, all of which have strengthened the bond I have to my community. Having attended Lompoc Unified Schools from primary through secondary education, I am proud to be raising two children in this community who both currently attend public schools in the District and are involved in our local performing arts and sports leagues.

Professionally, my career has included extensive experience engaging with Lompoc residents through the delivery of healthcare services. I have made it my goal to focus on developing my ability to listen, problem solve, and communicate the needs of our community members to key stakeholders, often requiring that I use diplomacy, tact, and patience. Through these experiences, I have made it a goal to continuously improve my abilities in areas such as problem solving through collaboration, effective identification and communication of individual or shared goals, building momentum and collective strengths within a team, finding best ways to utilize available resources, while always being prepared to put in the work and make the decisions necessary to raise our previous benchmarks.

Applicant Question No. 2 - Are there any conflicts of interest that the public should be made aware of at this time?

Although I do not believe there are any open issues before the council or city that would present a conflict of interest, I do wish to be transparent that I am childhood friends with the Lompoc Police Departments Victims Advocate and because that position is presented for a vote before the City Counsel every few years and it may be viewed as a conflict of interest to members of the community.

My position is that any decisions I make must be in the best interest of our city and it's residents. In the unlikely situation where a potential conflict of interest may exist, without hesitation I would make all information available to the other counsel members and involved parties in a spirit of complete transparency. I am committed to ensuring that my participation in all votes or discussion is as unbiased and free of any conflict of interest, and would speak up quickly if I believe there ever were to exist some chance where the vote would be best served by my abstention or refraining from voting.

Applicant Question No. 3 – What is your experience working with, or for, a government body? (explain how it works differently than a business or non-profit.)

Although my experience working directly in local government is limited to attending Lompoc city council meetings, I feel that my experience and career has offered many opportunities to develop the competencies and demonstrate the skills required for this position. In working for a non-profit organization, I have reported to Administrators and Board Members about the current state of the department I directly oversee and advise on future conditions and related strategies we face. Non-profits organizations are transparent and any activities, revenues and cost are available to the community, with any surplus revenue is put back into the organization to better serve the community, unlike business and for-profit organizations who aim to create some benefit for owners or shareholders.

Applicant Question No. 4 – Explain in detail your experience in analyzing a budget (size, frequency, your role, etc).

I have more than 5 years of experience in budgeting a department in the healthcare setting. I have directly managed and overseen the annual budget of a 42 bed unit and now for a 110 bed facility. These budgets include costs such as labor and non-labor. In addition to annual planning and reporting on budgets and performance-based reimbursement benchmarks, there are also expectations for reporting the current state of the departments to administrators for budget status on a regular basis. Managing department budgets requires direct involvement in day-to-day operations, to include direct evaluation and working to ensure appropriate decisions and planning occurs to meet target budget numbers and re-establish benchmarks going forward.

Additional Information – Explain the reason(s) you desire to be appointed. Describe your relevant education, experience, training, volunteer activities, community organization membership, or personal interests that you think are relevant to this position. Resume/Bio may be attached. Please limit answers to no more than the lined area below.

Throughout the past 15 years working for our community in the health care setting, I've gained an appreciation for our local leaders and their dedication to making our community better through new and/or improved programs and services. In learning about the opening for a special appointment to city council, I realized there is an opportunity to actively serve the members of the Lompoc community by listening to individual and group concerns, gathering and weighing input and feedback about important community matters, and helping to make a difference by being an advocate for a community that I believe in. It is my desire to be appointed to the City Council, and feel that it would be a great honor to serve my community as a representative on issues that directly impact our great city and the lives of the residents that call Lompoc home.

LEAVE THIS AREA BLANK

Sasha Keller, MSN, RN

Director of Nursing at the Comprehensive Care Center, Lompoc Valley Medical Center

Dedicated healthcare provider focused on achieving outstanding patient care through hands-on collaboration alongside compassionate teams of skilled nursing professionals. A commitment to and a compassion for care of the whole person, with an emphasis on the human relationship.

Specialties

Focused and detail-orientated work skills while striving to ensure the highest level of excellence in meeting the needs of each patient and regulatory compliance, drawing from diverse clinical and technical experience, practical organizational skills, value to create respectful professional relationships, and flexible critical thinking under pressure. Leadership strategy, staff training and development, patient education, complex care, technological nursing care innovation, team building.

Experience

Director of Nursing at the Comprehensive Care Center, Lompoc Valley Medical Center

August 2017 – March 2018

Responsible for oversight of the nursing component for the facility. Develop, plan, and implement services related to nursing, and direction for activities and programs related to nursing. Coordinate training and ensure licensure is maintained for nursing in the facility. Calculation of optimal staffing, and development of work assignments and schedules. Make strategic decisions related to staff performance management to include daily responsibilities for skill and competency evaluations, and fulfillment of shift duties. Demonstrate knowledge and compliance of state and federal regulations. Establish department goals, budgets and strategic objectives that align with the mission and vision of the Healthcare District.

Per Diem Medical/Surgical Registered Nurse / Relief House Supervisor at Lompoc Valley Medical Center

August 2017 – March 2018

Assume responsibility for a group of patients and provide care to these patients via therapeutic use of self, the nursing process, the environment/instrumentation, and other health care team members. Apply diverse skills and competencies from healthcare/nursing education, training and other experience to provide compassionate and competent care for the patient as needed to meet their needs and achieve the highest standard of care. Relief responsibilities as House Supervisor with responsibilities across departments and oversight for coordination of care across many conditions and situations.

Director, Medical/Surgical at Lompoc Valley Medical Center

December 2015 – July 2017

Coordinate activities that support all aspects of patient care in the department. Work with other Nurse Managers, Directors and staff to develop a fiscally sound budget that meets patient needs, staffing criteria and the goals of the organization. Supervise/delegate nursing care given by nursing staff and provides input on staff performance. Demonstrate quality and effectiveness in work habits and clinical practice. A leader in continuous quality improvement activities within the Medical/Surgical department and organization. Is knowledgeable of Title 22, CMS regulations and other federal or state guidelines that impact patient care. In addition, work closely with the informatics team to customize the EMR system to better fit organizational needs.

Nurse Manager, Medical/Surgical at Lompoc Valley Medical Center

April 2013 – December 2015

Supervise/delegate nursing care given by nursing staff and provides input on staff performance. Demonstrate quality and effectiveness in work habits and clinical practice. Knowledgeable of Title 22, CMS regulations and other federal or state guidelines that impact patient care. In addition, work closely with the informatics team to customize the EMR system to better fit organizational needs.

Charge RN - Medical/Surgical at Lompoc Valley Medical Center

December 2010 - April 2013

Plan, coordinate and implement patient care for Medical/Surgical patients. Demonstrate quality and effectiveness in work habits and clinical practice. Remain flexible to changing systems. Treat patients, families, visitors, peers and physicians with consideration and respect. Work well under stress or with tight deadlines. Communicate concerns appropriately using the established chain of command. Exhibit the ability to organize work assignments and follow through with accuracy. Exercise good judgment, demonstrate initiative, emotional stability, tact and poise.

Registered Nurse at Lompoc Valley Medical Center

July 2009 - December 2010

Manage and take responsibility for a team of patients, providing care via contemporary nursing policy and process, with coordination with other health care team members. Use a wide band of nursing skills gained through training, education, and on the job experience in order to deliver quality care that allows for optimal treatment and high levels of care.

Lab Assistant / Phlebotomist at Lompoc Valley Medical Center

October 2004 - July 2009

Responsibilities included performing venipuncture using equipment including vacutainer sleeves and tubes, various gauges and styles of needles, and tourniquets, and other procedures. Follow hospital policy and other regulations regarding handling patient information, record keeping, and to properly collect, label, record, and prepare specimens and samples based on departmental procedures to assist in analysis by Clinical Laboratory professionals. Performed other related duties incidental to the work described herein.

Nursing Assistant at Lompoc Valley Medical Center

June 2003 – October 2004

Assisted patients with daily activities. Daily activities included bathe and dress patients, serve meals and help patients eat. Perform turn, transfer and ambulation of patients. Take, documents and report patients vital signs and intake and output.

Basic Lifesaving Skills Instructor at US Army

December 2002 - June 2003

Prepared materials and lesson plans for instruction. Taught 200 students in Basic Lifesaving Skills in a military environment. Monitored, tested and documented student performance as it related to performing shock treatment, administering CPR, controlling bleeding and starting IV catheterization. Encouraged and motivated individuals to perform at their best.

91B Medical Specialist, 91W Healthcare Specialist, EMT (Certified), 68W at US Army - 86th Combat Support Hospital

August 2000 - June 2003

Provided emergency and routing of outpatient and inpatient medical care and treatment, administered emergency medical treatment; assisted with inpatient/outpatient assessment, care and treatment, administration of immunizations, oxygen administration, practice medical and surgical asepsis and infection control, trained in triage of mass casualties, care for patients with shock, immobilize orthopedic injuries, screening and maintenance of medical records, prepared treatment rooms for patient examinations. Additional experience to include blood draws, initiate and maintain intravenous therapy, endotracheal intubations and artificial airways, application and removal of sutures and dressings, tracheotomy care, among other invasive skills. Assembled necessary paperwork to construct patient charts, updated and maintained 300 records according to policy, entered and programmed into computer database, safeguarded all confidential information related to patient's care and treatment. Graduated from the Medical Specialist Course (91W) with National Certification as an EMT-I.

Skills & Expertise

Medical/Surgical Department Administration

Instruction and Administration for vital skills, procedures, policies, scheduling

Registered Nursing Skills

Sunrise Clinical Manager

Kronos

Affinity

Marbella

Quantros

Languages

English
Spanish

Education

Western Governor's University
Masters in Nursing 2015 – 2018

Regis University
Bachelor's in Nursing, 2012 - 2015

Santa Barbara City College
Registered Nursing Program, 2007 - 2009

US Army Medical Department Center and School - Fort Sam Houston
91B, 91W, 68W, Combat Medical Specialist, 2000 - 2001

Honors, Awards, and Certifications

- Leadership Lompoc Valley Class of 2016
- Pediatric Advance Life Support to present
- Advance Cardiac Life Support to present
- Neonatal Resuscitation Program to present
- Basic Life Saving Skills to Present
- RN – State of California (6/2009-current)
- Advanced Phlebotomy – 20 hour course certified by Lompoc Healthcare District (St. Luke's Hospital of Kansas City)
- Emergency Medical Technician – Basic (Certified 2001 – 2005)
- Combat Lifesaver instructor course – US Army – 25 hours - 2002
- Nuclear, Biological, and Chemical (NBC) Detection, Defense and Treatment course – US Army – 80 hours 2002
- EMT – Intermediate – US Army certification course – 160 hours clinical and didactic training - 2002
- Expert Field Medical Badge – US Army – 97 hours - 2001
- Basic Trauma Life Support – US Army - Advanced Course – 2001
- Trauma AIMS transitional training course – US Army – 68 hours – 2001